Facts about Norway

* Capital: Oslo
* Population: 5.49 million
* Area: 384,482 km²
* Form of government: Monarchy
* Head of State: King Harald V
* Languages: Norwegian and Sami
* National Day: May 17
* Currency: Norwegian krone

Source: [Norge – Lille norske leksikon](https://lille.snl.no/Norge)

Norway is in the far north of Europe. The country borders Sweden, Finland, and Russia. The capital is Oslo.

Norway has one of the world’s longest coastlines, along the Atlantic Ocean and has many mountains, fjords, and plateaus. There is also a lot of forest, rivers, lakes, and valleys in the country.

The highest mountain is Galdhøpiggen, which rises 2,469 meters above sea level. Mjøsa is the largest lake, and Glomma is the longest river.

Norway has a varied climate with mild summers and cold winters in the south. In the north, winters are often longer and summers shorter.

In 2021, about one million people lived in Norway with backgrounds from other countries. There are also indigenous Sami people and five national minorities in Norway: Jews, Kvens, Romani, Romanichal, and Forest Finns.

Norway is a constitutional monarchy with a king as the head of state.

The country is a democracy, with elections to the parliament (Stortinget) every four years.